

## Structure of the SAC (Swiss Alpine Club) Trekkingscale

The **SAC Trekkingscale** serves the evaluation of Mountain moving ways. It is divided into six different degrees: T1 (easiest) to T6 (most difficult) whereby "T" for Trekking stands.

Scale	marks in:	Trail	Terrain	Requirements
<b>T1</b> = hiking	<b>yellow</b>	Trail well cleared	Area flat or slightly sloped, no fall hazard	<ul style="list-style-type: none"> <li>• None</li> </ul>
<b>T2</b> = mountain hiking	<b>red/white</b>	Trail with continuous line and balanced ascent	Terrain partially steep, fall hazard possible	<ul style="list-style-type: none"> <li>• Hiking shoes recommended</li> <li>• Some sure footedness</li> </ul>
<b>T3</b> = demanding mountain hiking	<b>red/white</b>	exposed sites may be secured with ropes or chains, possible need to use hands for balance	Partly exposed sites with fall hazard, scree, pathless jagged rocks	<ul style="list-style-type: none"> <li>• Well sure-footed</li> <li>• Good hiking shoes</li> <li>• Basic alpine experience</li> </ul>
<b>T4</b> = alpine hiking	<b>blue/white</b>	sometimes need for hand use to get ahead	Terrain quite exposed, precarious grassy acclivities, jagged rocks, facile snow-free glaciers	<ul style="list-style-type: none"> <li>• Familiarity with exposed terrain</li> <li>• Solid trekking boots</li> <li>• Some ability for terrain assessment</li> <li>• Alpine experience</li> </ul>
<b>T5</b> = demanding alpine hiking	<b>blue/white</b>	single plainly climbing up to second grade	Exposed, demanding terrain, jagged rocks, few dangerous glacier and névé	<ul style="list-style-type: none"> <li>• Mountaineering boots</li> <li>• Reliable assessment of terrain</li> <li>• Profound alpine experience</li> <li>• Elementary knowledge of handling with ice axe and rope</li> </ul>
<b>T6</b> = difficult alpine hiking	<b>blue/white</b>	climbing up to second grade	Often very exposed, precarious jagged rocks, glacier with danger to slip and fall	<ul style="list-style-type: none"> <li>• Mature alpine experience</li> <li>• Familiarity with the handling of technical alpine equipment</li> </ul>